



carepath

Empowering public authorities and professionals  
towards trauma-informed leaving care support

# CAREPATH CERTIFICATES

WP3/ A3.3. / D 3.3.2



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ERGO  
EMPOWERING  
CHILDREN & YOUNG PEOPLE



e-trikala



## Project information

Project acronym: CarePath  
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# 1. INTRODUCTION

This document is an output of the *CarePath Project: Empowering public authorities and professionals towards trauma-informed leaving care support*, a 2-year EU funded project aiming to develop the capacities of professionals and public authorities to deliver trauma-informed care. The document presents briefly the two certificates that are awarded to professionals and trainers. Those who attend and successfully complete the CarePath Massive Open Online Course (MOOC) are granted the CarePath certificate for professionals while those who receive on-site training are awarded the CarePath certificate for trainers.

## 1.1 Scope of CarePath Project

CarePath is co-funded project by the European Union's Rights, Equality and Citizenship Programme and coordinated by the University of Turin (Torino, Italy). The project runs in four EU member states; Italy, Greece, Hungary and Belgium. The CarePath consortium includes the Person-Centred Approach Institute (IACP) in Italy, ReadLab, E-Trikala S.A and ERGO in Greece, Cordelia in Hungary and Eurochild in Belgium.

CarePath project is a two-year initiative which aims to improve national and regional child protection systems in providing integrate aftercare support to children ageing out of care. CarePath project will provide public authorities and professionals of child protection systems with policy guidance and interdisciplinary training resources regarding the protection, rights and development of traumatised children. Public authorities will benefit from the development of an integrated aftercare support mechanism, which will better involve the children themselves and specialised professionals in the handling of leaving care cases.

Psychotherapists, art therapists, social workers, psychologists, teachers and healthcare professionals in the partners' countries will become familiar with the UNCRC methodologies and approaches, including those required for effectively listening to each child, recognising their individual personality and distinct needs, and providing individual but integrated leaving care support. They will be trained to apply trauma-informed approaches to leaving care plans, and to use common standards, tools and systems for monitoring, evaluation and reporting cases.



## 1.2 Project Objectives

The CarePath project has set four main objectives:

- Identify transferable procedures and trauma-informed working methods in integrated child protection systems as regards leaving care support.
- Ensure that children ageing out of care have access to adequate trauma-informed aftercare support in the partners' countries, as part of an integrated child protection system.
- Increase the capacity of professionals in these systems to effectively support traumatised children, directly involving the child in determining the most suitable aftercare option for them.
- Develop a sustainable mechanism to enable public authorities and professionals to provide integrated psycho-social support services to children leaving care, based on trauma-informed interventions.

## 1.3 Target audience

The project aims to benefit five main target groups:

1. Public authorities, institutions, municipalities and bodies responsible in the field of children rights protection from EU 28.
2. Professionals (such as psychotherapists, arts therapists, social workers, psychologists, healthcare, teachers) working or who wish to work with children ageing out of care in the partners' countries.
3. Children and adolescents in alternative care and care leavers in the project's countries.
4. Vocational training providers in the field of psychotherapy, arts therapy, social work, psychology, education, healthcare.
5. People and general public by attending awareness raising events about children rights in the leaving care.



## 2. CAREPATH CERTIFICATE FOR TRAINERS

### 2.1 CarePath Certificate for trainers

The Carepath project predicts 4 on-site **train-the-trainer seminars** (one in each partner country) in order to create a first tool of trainers. The train-the-training seminars will provide perspective trainers with the trainer toolkit and materials to deliver and facilitate online the course. The two days seminars will be implemented in the language of the host countries. All partners have promoted the seminar to own target groups.

Those who would like to become CarePath trainers will be assessed through the assessment materials for trainers and will acquire the respective "CarePath trainer".



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# CERTIFICATE

This is to certify that

.....  
attended the training course for trainers  
for the CarePath Massive Open Online Course

Place .....

**The Coordinator of the Partner**

Date .....

**On behalf of the partnership**



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## 3. CAREPATH: TRAUMA-INFORMED LEAVING CARE SUPPORT MOOC

### 3.1 CarePath Certificate for Professionals

As part of the CarePath project, this online course accommodates the training program (MOOC) “**CarePath: Trauma-informed leaving care support**” for professionals working with traumatised children ageing out of care to follow the course at their own pace. The online course is targeted towards professionals working with children and adolescents such as:

- Psychotherapists
- Art therapists
- Social workers
- Psychologists
- Teachers
- Healthcare professionals

The online course is dedicated to professionals working or who would like to work with children in alternative care with skills, knowledge and tools required for an effective support to minors well before leaving care institutions.

Learners will learn how to apply trauma-informed approaches to leaving care plans, and to use common standards, tools and systems for monitoring, evaluation and reporting cases [NHS Foundation Trust: Anxiety and traumatic stress clinic interventions]. Also, they will become familiar with the UNCRC methodologies and approaches, including those required for effectively listening to each child, recognising their individual personality and distinct needs, and providing individual but integrated leaving care support [UN Convention on the Rights of the Child, The right of the child to freedom from all forms of violence, General comment No.13].

The CarePath MOOC is available in all partners’ languages -Italian, Greek, French and Hungarian- and English, free of charge and besides professionals it is also open to students and self-learners.

### 3.2 Learning outcomes

The learning outcomes of the online course are set as follow:





**Module 1:** Learners will be introduced to the scientific knowledge about the most effective and efficient ways to support and empower traumatised children.

**Module 2:** Learners will acquire the ability to look critically at the intervention practices and research of trauma-informed care (TIC).

**Module 3:** It will provide an overview of the legal framework and principles within which TIC approaches can be applied.

**Module 4:** As a final assignment, learners will reflect on how to intervene in case of child abuse or neglect and on how to support children while ensuring children's rights are protected.

Those who complete the online course, will be provided with a certificate for professionals. After the successful completion of the exams, learners can order via email the CarePath certificate.



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# CERTIFICATE

## CarePath Massive Open Online Course

This is to certify that

**Name Surname**

attended the training course titled

**CarePath: Trauma-informed leaving care support empowering public authorities and professionals**

**Torino, January 28, 2020**

**Signature Omissis**

**The Project Manager**

**Luca Rolle**

**On behalf of the partnership**



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